

“Someone actually  
listened to me”



# TALK ZONE

At Tinkers Lane Surgery

**Young People's Confidential Counselling Service**

Are you feeling unhappy, worried or  
concerned about something at home,  
school or with friends?  
Don't know who to talk to?

Talk Zone is specifically for young people. You can talk in a safe place, with someone who is trained and experienced in working with your issues. Counselling can help you find new ways to deal with problems and support you through difficult times.

For information or to make an appointment,  
please ring **0300 003 1781**.

Sessions are free for 13-18 year olds;  
families of children may get help with  
costs if needed.

**Charity No. 1080492**

relate mid wiltshire  
the relationship people

**talkzone**

service

accredited by  
bacp

[www.bacp.co.uk/services](http://www.bacp.co.uk/services)

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