

# Make Sure You Choose the Right NHS Service



## NHS 111

Call 111 if:

- You need medical help fast but it's not a 999 emergency.
- You think you may need to go to A&E or need another NHS urgent care service.
- You need health information or reassurance about what to do next.

NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobiles – dial 111.

## GP

Visit your GP when:

- Illnesses aren't responding to self-care or advice from your pharmacists.
- When you're suffering from a persistent illness.
- When you have a 'flare up' of a long standing illness.
- When you're in need of any vaccinations.

## Minor Injury Unit/Walk In

- No appointments needed.
- Can treat a variety of injuries such as sprains, strains, minor cuts and fractures.

**Walk In Centre, Carfax Street, Swindon**  
Tel: 01793 428524

**Minor Injuries Unit, Chippenham**  
Tel: 01249 456403

NOTE: Minor injury units cannot treat problems such as chest pains, breathing difficulties, pregnancy problems and allergic reactions.

### Sexual Health Clinics

**Carfax Street, Swindon**  
Monday – 15:00 – 17:00  
Tuesday – 16:30 – 18:30  
Drop in Only, No Appointments.

**The Great Western Hospital, Swindon**  
Appointment Required.  
Tel: 01793 604038

**Health Centre, West Swindon**  
Tel: 01793 877233  
Wednesday - 18:00 - 20:00  
Friday – 14:00 – 16:00

**Community Hospital, Chippenham**  
Mondays – 18:00 – 20:30 (01225 831593)  
Wednesday – 16:00 – 19:30 (appointment only) (call 01249 456502 between 1pm - 3pm for an appointment)

## Self-Care

### Self-Care

- The best choice for minor illnesses.
- Try the online symptom checker:  
[www.nhs.uk/symptomchecker](http://www.nhs.uk/symptomchecker)
- Keep a well-stocked medicine cabinet, guidance can be found at:  
[www.nhs.uk/Livewell/Pharmacy](http://www.nhs.uk/Livewell/Pharmacy)
- Visit [www.patient.co.uk](http://www.patient.co.uk) which is an online resource loaded with tips and advice on the different self-care options and how to go about treating your minor ailments.

## NHS 111

## Pharmacists

### Pharmacists

- Talk in confidence, without appointments.
- They offer expert advice on minor ailments such as coughs and colds, earache, skin rashes and sore throats.
- They can provide services such as Chlamydia testing, emergency contraception and stop smoking services.

### Royal Wootton Bassett Chemists:

- Jones – 01793 854450
- Boots – 01793 852364
- Lloyds – 01793 852472

### Purton Chemist:

- Lloyds – 01793 770294

### Cricklade Chemist:

- Boots – 01793 750226

## GP

## Minor Injury Unit/Walk In

## A&E/999

### A&E/999

Visit A&E or call the 999 ambulance service for emergencies that are critical or life threatening. Such as:

- Loss of consciousness.
- Persistent severe chest pain.
- Acute confused state.
- Fits that are not stopping.
- Severe bleeding that cannot be stopped.